



AT THE
UNIVERSITY
OF GEORGIA®

Online Catalog

Early Fall 2020 (Aug 18 - Oct 16)

WEBSITE: www.oli.uga.edu

FACEBOOK: [olliatuga](https://www.facebook.com/olliatuga)

YOUTUBE: [olliuga](https://www.youtube.com/olliuga)



Jim Marshall



Claudio Saunt



pennyoldfather



Dawn Torcivia



Paula Keam



Connie Bruce



Cher Snyder



Liz Powell



David McConnell



Nancy



JoBeth Allen



Bill



phylliswingo



Alexis



Andy Horne

Class fee increase - From the Board of Directors OLLI@UGA

Effective this fall, OLLI@UGA is increasing class fees from \$10 to \$12 for single-session classes. This is the first increase in class fees in five years and OLLI@UGA class fees remain substantially less than those of other OLLIs throughout the country. OLLI@UGA's Board of Directors, which sets both membership and class fees, voted for this increase to help ensure OLLI's solvency through these most precarious times.

The decision to increase fees was motivated by the duty of care OLLI's Board of Directors owes to you, our members, to provide the ongoing level of service, support, and engagement everyone has come to expect. Thanks to your generous donation of unused class fees following Spring class cancellations, our beloved OLLI@UGA just barely ended this fiscal year in the black. However, despite the increase in class fees, current projections indicate we could end the 2020-21 fiscal year with a deficit. The Board of Directors envisions vigorous fundraising activities this year to keep OLLI operating in the black and looks forward to your ongoing ideas and support.

Fall classes will continue to be delivered via Zoom, with a new benefit. Those unable to participate in classes for which they have registered will be able to view recordings of these classes for up to two weeks after the date the class was held. We have an exciting class lineup and hope you will continue to learn and socialize online with fellow OLLI members throughout the fall.



UNIVERSITY OF
GEORGIA
College of Education



River's Crossing
850 College Station Road
Athens, GA 30602-4811
Telephone: 706.542.7715

EMAIL: olli@uga.edu

WEBSITE: www.olli.uga.edu

FACEBOOK: [olliatuga](https://www.facebook.com/olliatuga)

YOUTUBE: [olliuga](https://www.youtube.com/olliuga)

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Member Services Coordinator	Ryan Robinson
Office Assistant	Rita Healan

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Travel Study	
Volunteer Coordinator	

Editor, OLLI Times	Ann Allen / Larry Dendy
Host Coordinators	
Historian	William Loughner
Parliamentarians	

Early Fall

This catalog contains nine weeks of classes covering August 18–October 16. We will be publishing a catalog to cover the later half of our usual Fall Semester later in August.

However, please note that some classes will start in Early Fall and will continue into the second half of the Fall.

HELP SUSTAIN OLLI@UGA

Help sustain OLLI@UGA by including a gift in your estate plans to the “University of Georgia Foundation.”

For more information, please contact the Office of Gift and Estate Planning.

(706) 542-8140
ugalegacy@uga.edu
legacy.uga.edu



UNIVERSITY OF
GEORGIA

Free Class!

**Mastering the OLLI@UGA
Communications site**
(powered by Mighty Networks)

([See calendar for dates](#))

OLLI@UGA is a mighty organization for lifelong learning...and such a mighty organization needs the OLLI@UGA Communications site (aka OLLI Comm, powered by Mighty Networks) to keep everyone informed about classes, travel study, shared interest groups, luncheons, social gatherings and events, and all things OLLI@UGA. Learning how to navigate and use the OLLI Comm site will enable you to take full advantage of this valuable member benefit.

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How to Register

There are two ways of registering for membership and classes:

- 1) From your web browser:
 - a) Enter **www.oli.uga.edu** into the address bar
 - b) Select **Sign in / Members Area** in the top right hand corner
 - c) Select the red **Registration** button.
- 2) or click the '**Register**' link at the bottom of each of the catalog pages.

You will be taken to the Sign-in Page

Please Sign in to "Existing Account" by entering your your username and password in the top two boxes.

If you are not signed in, you will not be able to add items to your cart.

If you have forgotten your username and password, you will be able to request a new one using the prompts provided

If you are not currently a member, create a new account by scrolling to the bottom of the page "Create New Account". Once you have created your account, we strongly suggest that you go ahead and purchase a membership now so that you will be ready to add classes when class registration opens.

Membership

- If your membership expired on June 30, 2020, you will need to purchase a membership, i.e. "Add a Membership to your cart" before you can select any of the classes. We strongly suggest that you renew before class registration opens.
- If your membership expires on December 31, 2020, you will be able to add classes straight to your cart.

Adding Classes:

- Early Fall Classes will be available for registration starting on **July 31 and running until the day before the class starts.**
- On the registration site, classes are listed alphabetically and by category
- To select a class click the 'Add to Cart' button - this will take you through to your shopping cart.
- To add more classes, preview your cart, then using the 'Back' button to return to the catalog to select another class.

Checking out:

- Once you have registered for all the classes you wish to take, you can proceed through the checkout process.
- If you want to add classes at a future date, you will be able to do so using these same instructions.
- If you are using a public computer, please remember to log out.

How to use Zoom

On the day of your class, you will receive an email from OLLI@UGA with a link to your Zoom meeting. This email will also have instruction on how to use Zoom for both desktops and laptops. Below are the same instructions you'll find in the email. You'll also find videos on how to use Zoom on any device on the OLLI@UGA [YouTube Channel](#).

Click the Zoom link in your email. Your default browser should open automatically.

If you have never downloaded Zoom before, you will be prompted to do so:

For PC:

Click the link that reads "[download and run Zoom](#)"

After your software downloads, click the Zoom...exe file at the bottom left of your browser. Zoom will begin to install.

For Mac:

Click the link that reads "[download and run Zoom](#)"

Your new software will be located in your Downloads folder under a PKG or DMG file. Double click this file.

Zoom will begin to install

Zoom will launch, prompting you to enter your name. Please enter your full first and last names to be counted in the roll. Click Join Meeting.

You will likely be in a waiting room to allow the host and presenter time to set up.

Once you're allowed into the room, click "Join with Computer Audio."

You will usually be muted upon entry, and your camera is off by default. In order to be heard and seen, click the options to "Unmute" and "Start Video" at the bottom left of the Zoom window. You're now ready to begin!

Tips for enjoying (and helping others enjoy) a Zoom meeting:

Mute yourself if you are not speaking. Background noise (doors opening and closing, dogs barking, laundry machines, dishwashers, microwaves, or microphone feedback in general) is a major distraction for participants. You may not think it's loud, but it is. If a host mutes you manually, please do not unmute yourself until you've addressed the noise.

If you're more than 5 feet from your desktop / laptop, we can't hear you. Be sure to **position your face about 3 feet from your device** so that we can hear any questions you may have.

If you're going to have your camera on, **please be dressed appropriately.** If you are not appropriately dressed, feel free to leave your camera off. We'll understand.

If you would rather not speak up, you may click the **Chat icon** at the bottom of the Zoom window and submit your question. The host will make sure to read it.

Course Listing by Start Date with Descriptions

Week 1 (August 18-21)

8/18 (Tu) 10:30 AM - 11:30 AM \$12

Working With a Financial Planner

Holistic financial planning is a relatively young and rapidly growing field. Professional financial planners can help their clients with everything from risk management to investing and meeting personal goals. Despite their value, planners are regarded as one of the least trusted professions. And, some people who call themselves planners are truly salespeople. In this course, we'll distinguish among financial service professionals, discuss the value of a true financial planner, identify how to find a planner held to the fiduciary standard, and provide practical tips for getting the most out of a professional relationship with a financial planner.

Matt Goren, PhD, is an Assistant Professor of Financial Planning at The American College of Financial Services. Goren is an acclaimed teacher and speaker who focuses on the interplay of personal finance and psychology. His personal finance radio show and podcast, "Nothing Funny About Money", was named 2018's most outstanding consumer financial information resource by the AFCPE. He has created and expanded financial literacy programs that now help thousands of people - from children to seniors.

8/18 (Tu) 1:00 PM - 2:15 PM \$12

Walking and Biking in Athens-Clarke County: the Athens In Motion Master Plan

Walking and biking in Athens are becoming safer and easier, thanks to the work of active citizens and the local government. New sidewalks and bike lanes are being built throughout Athens-Clarke County with funds specifically set aside for this purpose. Presenters will explain the history, goals, and objectives of Athens in Motion as well as answer questions and discuss ideas for safety improvements for all road users.

Teresa Friedlander serves, with **Carol Myers**, on the Athens in Motion Commission. She is a former Transportation Commissioner from Arlington County, Virginia, who helped develop one of the nation's first Neighborhood Traffic Calming Programs. **Carol Myers** recently retired as Dean of General Education for Athens Technical College. She was a key member of the citizen committee that developed the Bicycle and Pedestrian Master Plan which the Athens Mayor and Commissioners adopted in 2018 as "Athens in Motion". She now serves as chair of the Athens in Motion Commission and serves on the board of Bike Athens.

8/18 (Tu) 2:00 PM - 3:00 PM \$12

Thomas Jefferson's Education

Jefferson's education at the end of the colonial period led him to reinvent higher education for the new American republic. But his reformist vision foundered in a society where young slaveholders prevailed at his new university.

A professor of history at the University Virginia, **Alan Taylor** has published nine books, including two that won the Pulitzer Prize. His latest book is Thomas Jefferson's Education, which was published in 2019.

8/19 (Wed) 10:00 AM - 11:30 AM

\$12

Art Therapy: For Those of Us Who Can't Draw

What is art therapy? It's art making in which the emphasis is on the making rather than the finished product, an emphasis that puts the focus on our own unique self-expression. This workshop will provide information about art therapy, what it is and who benefits from it. You will be invited to participate in directed art making. Together we will explore your unique art making and your story within it, all the while keeping in mind that there is no right or wrong in art. NOTE: Participants may want to have some simple art supplies handy.

Mary Safrai (ATR-BC) is an art therapist with years of experience assisting people in self-expression through art making. She has worked extensively with the elderly to help deal with memory issues and provide bereavement support. Before moving to Watkinsville to be close to her family, Mary had a private practice in New York City, where she worked with patients in medical facilities and their families.

8/19 (Wed) 10:30 AM - 12:00 PM

\$12

Understanding the Mechanism of Evolution

This class is derived from lectures given to first year (non-major) biology students at UGA. It begins with a brief biography of Charles Darwin who, along with Alfred Wallace, was the first to perceive natural selection as the primary process that drives evolution. The biography is followed by an explanation of natural selection and the evidences of evolution. The blending of population genetics with natural selection is now thought to be the chief mechanism of evolution.

William Barstow (PhD, Purdue University) has been a biology professor at The University of Georgia since 1974. He retired as a Josiah Meigs Distinguished Teaching Professor in 2008 after teaching biology to an estimated 35,000 undergraduate students. He has served OLLI as a member of the Board of Directors, recruiter for the curriculum and luncheon committees, organizer of the UGA SilverDawgs hospitality team, and class presenter for OLLI@UGA on biology and evolution.

8/19 (Wed) 2:00 PM - 3:30 PM

\$12

The Battle of Atlanta Cyclorama: Saving a National Treasure

Wait, it took how long to paint? You mean it's not a Confederate monument? And you moved it how -- by a flatbed truck? Come hear the true stories behind one of our great national treasures: how it was made in 1886, who and what it really shows, and how it was saved in 2014-2019. You'll get the inside scoop on this famous Civil War cyclorama (the only other one in the US is at Gettysburg) as told by the curator, not by a newspaper.

Gordon L. Jones is Senior Military Historian and Curator at the Atlanta History Center, where he has worked since 1991. He was the lead curator for the 2014-2019 move and restoration of The Battle of Atlanta cyclorama painting. Gordon holds a PhD from Emory University, specializing in the Civil War in popular culture. In 2015 he taught an OLLI class and led a tour of the Wray Collection of Confederate artifacts at the Atlanta History Center.

8/19 (Wed) 2:00 PM - 3:00 PM

\$12

The Jewish Life of Alexander Hamilton

Thousands of miles from the Old World, on a sun-kissed island in the West Indies, a young boy named Alexander Hamilton began a most unlikely journey in the 1750s. His meteoric rise from Caribbean obscurity to American founder has long captivated historians and, more recently, theater audiences. Yet one crucial aspect of Hamilton's life has remained submerged for centuries: the weight of evidence suggesting that he was, in fact, Jewish. Drawing on untapped sources in the West Indies, Andrew Porwancher makes the case for Hamilton's Jewish upbringing and explores its implications for his adulthood.

Andrew Porwancher is the Wick Cary Associate Professor at the University of Oklahoma and this year is serving as the Ernest May Fellow at Harvard University's Belfer Center. He previously held fellowships at Oxford and Princeton. His books include *The Devil Himself: A Tale of Honor, Insanity, and the Birth of Modern America*, which is currently being adapted for the stage. He received his PhD from the University of Cambridge.

8/20 (Th) 9:00 AM - 11:00 AM

\$0

Mastering the OLLI@UGA Communications site (powered by Mighty Networks)

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A triple UGA graduate and recycled Athenian, **Cher Snyder** joined the OLLI@UGA community in Fall 2017 following retirement from nearly 30 years with the South Coast Air Quality Management District in Southern California, where she most recently served as Assistant Deputy Executive Officer of Compliance and Enforcement. Now President of OLLI@UGA, Cher is excited to be of service while pursuing ongoing opportunities for lifelong learning.

8/20 (Th) 10:30 AM - 11:45 AM

\$21

Financial and Estate Planning 500: Planning in the Retirement Years (A)

(2 sessions, 8/20 & 8/21)

Please note change of time

We have spent our entire lives planning our finances around this season of life, retirement. Our financial plans no longer include employee benefits or salaries. We are operating on fixed incomes and assets. Our goals include preserving capital, addressing long-term healthcare needs, and making wealth distribution decisions about charity and family. This course will guide you through the financial and estate planning steps as they apply to retirees: knowing what you have, setting goals, designing a plan, implementing the plan, and knowing when to review and reset your plan.

Laurel Alberty is a Certified Financial Planner and Vice President of Financial and Estate Planning at First American Bank and Trust. Laurel has offered financial and estate planning advice in the Athens community for over 20 years. She writes financial articles, teaches financial literacy classes, and has been a guest speaker for the UGA entrepreneur class. Laurel enjoys sharing her love for finance and teaching others how to stay on the path to financial security.

8/20 (Th) 2:00 PM - 3:30 PM

\$12

Cartooning for Fun

“I can’t even draw a straight line”. If you can hold a pencil, pen, marker, or crayon, you can draw. During this session you will begin to learn how to draw your own cartoons so that you can amaze your grandchildren while having fun. Have available these materials: copy paper, pencils, pens, basic markers, or a small box of crayons. Handouts will be created for and sent to all attendees.

Alan Black has practiced eight professions since 1960: 1) newswriter/editor, 2) licensed architect, 3) graphics and signage designer, 4) interior architect, 5) college professor (at 3 universities), 6) professional speaker, 7) trainer, and 8) creative thinking consultant. Beginning in 1977 he began traveling for fun and work, visiting 49 US states and 93 countries. Since 1980 he has given more than 3800 presentations from speeches to two-week-long training programs about leading, communicating, teaming, and Cre8ng. His avocations include storytelling and cartooning.

8/20 (Th) 5:00 PM – 6:30 PM

\$12

Watershed Monitoring Basics and UOWN

This course will teach citizens about the basics of water quality monitoring. It will also present them with a historical perspective on local efforts and a data-based approach to current and future efforts by the Upper Oconee Watershed Network (UOWN) -- a local, all-volunteer environmental nonprofit with a watershed-wide focus.

Bruno Giri grew up in North Carolina and graduated from the College of William and Mary with a BS in Biology. After serving two years as a fisheries extension volunteer with the US Peace Corps in rural Nepal, he completed an MS in aquaculture and fisheries at Auburn University. He has lived in Athens since 2001 and is an active volunteer with the Upper Oconee Watershed Network (UOWN) and other nonprofits. He currently chairs the education committee for UOWN and loves spreading the good news about water quality and natural resource protection through community activism. **David Wenner** received his BS in chemistry from The University of Cincinnati and a PhD in geochemistry and geology from Caltech. He taught in the Geology Department at UGA for 33 years. While at UGA, many of his interests were focused on water quality issues. During this time, he served many years as a board member with UOWN and with Georgia River Network. Presently he works with Oconee Waters, a subsidiary group of UOWN.

8/21 (Fri) 1:00 PM – 2:15 PM

\$40

“Who Stands Fast?”: The Life, Thought & Relevance of Dietrich Bonhoeffer (6 sessions: 8/21, 8/28, 9/4, 9/11, 9/18, 9/25 same time)

The German Lutheran pastor and theologian Dietrich Bonhoeffer (1906–1945) has long been admired for his brilliance, his faith, and his courage in the face of evil. It was 75 years ago this year that he was executed for his part in a conspiracy against Hitler’s life, and yet many have found that his message and example are still deeply relevant today. Join us as we explore his life and writings, and consider the challenge that he poses to us across time.

Tom Buchanan is Pastor of Friendship Presbyterian Church in Athens, and for the last 26 years has served churches in New Jersey and Georgia. Rev. Buchanan has particular interests in historical and philosophical theology, the background and interpretation of Biblical literature, and the relationship between religion and the natural sciences.

8/25 9:00 AM - 11:00 AM

\$0

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For full description see page 8

8/25 (Tu) 10:30 AM - 11:30 AM

\$12

Coulda, Woulda, Shoulda, Your Life Your Future

Yogi Berra once said, “If you don’t know where you’re going, you’ll end up somewhere else”. This is very true when it comes to life after 70. It is critical to have a plan in place for those 30-40 years post retirement. Is your home senior friendly? Are your legal documents up to date? What should you do with all the stuff you’ve accumulated? Do you find retirement community entrance fees confusing? These are just a few of the topics covered in *Coulda, Woulda, Shoulda*.

Sandy Olson enjoyed a 40-plus year career starting as an officer in the USAF. Over the years she has held positions in broadcasting, journalism, and the marketing of active living retirement communities. She does not consider herself retired but, in fact, has re-fired with an encore career teaching classes on Positive Aging in which she addresses the myths and stereotypes of growing older, having purpose in our lives, and developing an attitude of gratitude.

8/25 (Tu) 12:00 PM - 1:00 PM

\$12

White Privilege: Deepening Awareness and Building Capacity for Social Change

In this participatory workshop, attendees will deepen their awareness of what white privilege is and how it operates at interpersonal, institutional, and structural scales. Through a conversation about how whiteness has functioned historically and in the presentday to maintain and perpetuate racism, participants will expose white cultural norms and critically reflect on policies designed to uphold whiteness at the expense of people of color. Participants will build capacity to acknowledge and interrupt racism in their own practices, settings, and communities. The presenter will provide additional resource recommendations so participants can continue their learning and advocacy.

Briana Bivens is a PhD student in the UGA College of Education (COE), a research assistant in the COE Office of Diversity, Equity, and Inclusion, and a community organizer in Athens. Her research focuses on how community organizing spaces can enact practices oriented toward affirmation, healing, and sustainability. She believes in the power of social movements, community-based education, and policy to bring about social change.

8/25 (Tu) 2:00 PM - 3:00 PM

\$12

Lives Well Lived: Celebrating the Secrets, Wit and Wisdom of Age

Join photographer and filmmaker Sky Bergman to discuss her popular feature documentary. Lives Well Lived celebrates the incredible wit and wisdom of adults 75 to 100 years old who are living their lives to the fullest. Encompassing over 3,000 years of experience, forty people share their secrets and insights about living a meaningful life. Their intimate memories and inspiring personal histories will make you laugh, perhaps cry; but mostly they will inspire you.

Sky Bergman is an accomplished, award-winning photographer. Her fine art work is included in permanent collections at the Los Angeles County Museum of Art, the Brooklyn Museum, the Seattle Art Museum, the Santa Barbara Museum of Art, and the Bibliotheque Nationale de France (National Library of France) in Paris. Bergman currently is a Professor of Photography and Video at Cal Poly San Luis Obispo. "Lives Well Lived" was her directorial debut.

8/26 (Wed) 1:00 PM - 2:15 PM

\$12

The Benefits of Mindfulness

What if you could manage stress, reduce anxiety, improve your sleep, and increase your well-being with just 10 minutes a day? You can, with mindful meditation! Thousands of studies have shown that mindfulness training reduces stress, anxiety, and depression while improving your overall health and well-being. It has even been shown to improve your immune system and sharpen your cognitive skills. This workshop will explore the latest research in this area and teach mindfulness techniques that can be used immediately to begin reaping the rewards of this practice.

Kiz Adams is a human resource specialist in Well-being, Work/Life Balance, and Human Relations at the University of Georgia. She is an advocate on campus for promoting balance and wellbeing among faculty and staff and for creating a healthy, positive, productive work environment at the University. She is certified in Hogan Personality Assessments, Sherpa Executive Coaching, Real Balance Health and Wellness coaching, and Koru Mindfulness and Meditation training. She is also a personal trainer and Pilates instructor.

8/26 (Wed) 1:30 PM - 4:30 PM

\$12

FamilySearch Research Wiki: A Family Historian's BFF

The Research Wiki in FamilySearch.org is a free tool that provides context and helps you learn enough about a topic or place to maximize your family history research. International in scope, the Wiki offers historical information, articles, online records, links to information on places all over the world, migration trails, local history, African American research, American Indian information, other ethnic research, how to , and much more. The second half of class will be hands-on using the Wiki on your computer. Assignments and handouts will be sent (no later than a week in advance) to be completed before class.

Laura Carter, a native Athenian, grew up in Clarke County, Georgia. She worked at the Athens-Clarke County Library from July 1974 until July 2012, retiring completely on December 31, 2014. Laura was Heritage Room Librarian from May 1995 through July 2012. She has a Master's degree in Library and Information Sciences and a Specialist degree in Library and Information Sciences with a focus on Archives and Manuscripts. Laura has taught numerous genealogy classes for OLLI and, with Gene Wengert, co-chairs the DNA for Genealogy SIG.

8/27 (Th) 10:00 AM - 12:00 PM

\$12

Life on a Submarine

Most of us have been at sea. But how many of us have been under the sea, for even an hour? How about for several months? This course is a chance to learn about what it is like to live and work on US Navy submarines (nuclear and diesel). Learn about the day-to-day routine of life at sea. Also get an overview of some technical submarine operations. This encore course will include some additional areas not covered when first presented.

John Roeder has a degree in political science with a minor in history. He was an actor in Hollywood for nine years after serving 22 years in the military. He enjoys providing audiences with a better understanding of history through his dramatic presentations.

8/27 (Th) 2:00 PM - 3:15 PM

\$12

Meditative Doodling

This hands-on class draws on newly popular artforms such as ZenTangles as well as older traditions such as mandalas. These meditative forms of art can be done in short sessions, making them ideal for today's busy lives. While the product is less important than the process, the results are often quite pleasing. Meditative doodling does not require prior art training. Those who have had art training will recognize some of the principles. Participants should have on hand a pencil and a medium-fine black felt tip pen. (An archival brand such as Micron is preferred.)

Linda Gilbert graduated with a BFA in Drawing and Painting and worked as a graphic designer for more than a decade. However, she moved on to other work and gradually let her time for art slip away. Through meditative doodling, she found a way to incorporate it into her life once again.

8/28 (Fri) 2:00 PM - 3:30 PM

\$12

Capture and Share Stories from Fables to Your Life

Each of our lives is filled with stories. This session is designed to help you learn a mix of ways to share enjoyable stories-- vocally, visually, physically, and emotionally. It will provide you a variety of ways, on stage or in print, to create stories to share with your family.

Alan Black has practiced eight professions since 1960: 1) newswriter/editor, 2) licensed architect, 3) graphics and signage designer, 4) interior architect, 5) college professor (at 3 universities), 6) professional speaker, 7) trainer, and 8) creative thinking consultant. Beginning in 1977 he began traveling for fun and work, visiting 49 US states and 93 countries. Since 1980 he has given more than 3800 presentations from speeches to two-week-long training programs about leading, communicating, teaming, and Cre8ng. His avocations include storytelling and cartooning.

8/31 (Mon) 10:30 AM - 11:45 AM

\$12

Influence of Social Factors on Diet

Diet is an important modifiable risk factor in preventing and managing chronic diseases. Biological and behavioral factors related to nutrition are very well studied; however, the influence of social factors on diet is less researched. In this class, we will discuss the importance of social network structure in relation to diet. We will cover topics such as social support, social isolation, and loneliness, and their relation to diet and chronic disease management

Kasey Smith, MPH, is a PhD student in the College of Public Health's Institute of Gerontology at the University of Georgia. Ms. Smith works with Dr. Lisa Renzi-Hamond in the Human Bio Factors lab researching the impact that social networks have on diet quality and attitudes towards nutrition in older adults. Dr. Renzi-Hammond specializes in lifespan neurological development, cognition, and behaviors that promote good lifespan cognitive health.

8/31 (Mon) 2:00 PM - 4:00 PM

\$0

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9/1 (Tu) 10:30 AM - 11:30 AM

\$12

Team Lavender: Mindfulness & Meditation Practice

Learn how the practices of mindfulness and meditation can help reduce stress and promote beneficial brain neuroplasticity, the brain's ability to reorganize itself by forming new neural connections throughout life. Experience a guided relaxation session.

Katie Calkin has been a Community Health Educator at Piedmont Athens Regional for 20 years. She works with people on changing their daily habits to improve health. She is an ambassador for Piedmont Athens Regional's Team Lavender mindfulness program.

9/1 (Tu) 10:30 AM - 11:45 AM

\$12

Detecting Disinformation in the 2020 Election

The spread of falsehoods causes serious problems for democratic societies in a digital age. This class will provide techniques for identifying and slowing disinformation during the 2020 election cycle and beyond. Amanda Bright and Lori Johnston, both former journalists and now members of UGA's journalism faculty, will address the challenges relating to truth and trust in a rapidly changing media environment.

Amanda Bright teaches multiplatform journalism at UGA's Grady College of Journalism and Mass Communication. She also serves as managing editor for the Grady Newsource digital presence. Lori Johnston teaches a variety of journalism courses, including reporting and writing across platforms and investigative journalism.

9/1 (Tu) 2:00 PM - 4:00 PM

\$12

Robotics, 3-D X-Ray, and Printing Artificial Body Parts: Revolutionizing Medical Technology

In 2001, in one of the earliest examples of robotic telesurgery, a team of surgeons in New York successfully removed the gall bladder from a patient in France. This class will examine some of the technologies that made this early remote robotic surgery possible. We

will also discuss how robotic surgery, three-dimensional printing of body parts, artificial intelligence, and three-dimensional X-Rays are combining to revolutionize healthcare. We will show how they work, how they are used, and their implications for the future.

Frank Magnarelli is a retired engineer who worked more than 45 years in the design, manufacture, and service of medical devices. His experience includes consulting in the US and internationally. He has worked with physicians, nurses and researchers to design devices and recommend products that improve patient outcomes. His teaching experience includes webinars, presenting at engineering conferences, and teaching about healthcare technology to Osher Lifelong Learning Centers and civic groups.

9/2 (Wed) 9:00 AM - 12:00 PM \$21

Genealogy: Getting Started and Finding Resources
(2 Sessions 9/2 & 9/23 same times)

This basic 6-hour introduction to the methodology of US and international research is designed to introduce participants to sources and techniques. There will be a few advance reading assignments (no later than a week before class) from George G. Morgan, *How to Do Everything Genealogy*, 4th ed., McGraw-Hill, 2015, 978-0071845922. Exercises from handouts will be sent in advance of the first session, and homework before the second session. The book should be available through your PINES library, or you can purchase a copy.

Laura Carter, a native Athenian, grew up in Clarke County, Georgia. She worked at the Athens-Clarke County Library from July 1974 until July 2012, retiring completely on December 31, 2014. Laura was Heritage Room Librarian from May 1995 through July 2012. She has a Master's degree in Library and Information Sciences and a Specialist degree in Library and Information Sciences with a focus on Archives and Manuscripts. Laura has taught numerous genealogy classes for OLLI and, with Gene Wengert, co-chairs the DNA for Genealogy SIG.

Note: Registering late for this class may mean that participant does not have adequate time for advance preparation.

9/2 (Wed) 2:00 AM - 3:30 AM \$12

How to Throw an Idea Party - Barbara Sher Style

Learn to throw an idea party by participating in one that was designed by a famous life coach, wildly popular author, and so much more: Barbara Sher. What should you bring to this party? A wish and an obstacle! What will be served at this party? Solutions! If you have a dream and/or want to help people achieve their dreams, then you are needed!

Lisa Mancelyn Lowe has participated in online Idea Parties thrown by Barbara Sher and helped facilitate one as part of a Barbara Sher Success Team which generated multiple ideas for people sharing wishes and obstacles. Lisa has a Master of Psychology Degree and over 30 years in the field of human services. This included helping people overcome a variety of problems and achieve a variety of dreams.

9/3 (Th) 10:30 AM - 11:45 AM \$21

Financial and Estate Planning 500: Planning in the Retirement Years (B)
(2 sessions 9/3 & 9/4 same times)

Please note change of time

[For a full description, see page 9](#)

9/3 (Th) 2:00 PM - 3:30 PM

\$12

Reawakening & Strengthening Your Creativeness & Creative Thinking

We are all born with many capacities to think creatively. By the time we are in the fourth grade, we usually no longer use them. Throughout our entire lives we can learn to become more and more creative in ALL aspects of daily living. This class will help you to reawaken them.

Alan Black has practiced eight professions since 1960: 1) newswriter/editor, 2) licensed architect, 3) graphics and signage designer, 4) interior architect, 5) college professor (at 3 universities), 6) professional speaker, 7) trainer, and 8) creative thinking consultant. Beginning in 1977 he began traveling for fun and work, visiting 49 US states and 93 countries. Since 1980 he has given more than 3800 presentations from speeches to two-week-long training programs about leading, communicating, teaming, and Cre8ng. His avocations include storytelling and cartooning.

9/4 (Fri) 10:30 AM - 11:45 AM

\$12

Talking THE TALK

The Talk is an eclectic theatrical experience that weaves together interactive theater, a dynamic embodied performance, and a multimedia production with the words of James Baldwin, Langston Hughes, W.E.B. DuBois, Frantz Fanon, Paul Gilroy, Ta-Nehisi Coates, and others. A virtuoso communicator, performer, and facilitator, Sonny Kelly embodies over 20 characters and thoughtfully ushers audiences into a safe space to have difficult, but necessary, conversations. The Talk is about returning to memories (timelessly sacred, roguishly painful, and immediately poignant), returning to the ancestors, returning to faith, and reckoning with an often confusing contemporary composite truth. Sonny performs The Talk and facilitates community discussions about equity, conflict management, intercultural communication, and creative self-expression.

Sonny Kelly is a scholar, performer, story teller, motivator, speaker, and comedian. Sonny is a graduate of UNC Chapel Hill, with a PhD in Communication & Performance Studies, St. Mary's University (MA, Communication Studies, '08) and Stanford University (BA, International Relations, '98). Currently, his research is focused on Critical/Performance Ethnography, Critical Pedagogy, and Youth Activism/Empowerment. He seeks innovative and effective approaches to addressing the systemic criminalization of marginalized youths and the Cradle-to-Prison Pipeline.

9/4 (Fri) 2:30 PM - 4:30 PM

\$12

Pat Conroy as Lifelong Learner

Jonathan Haupt will discuss Pat Conroy's lifelong commitment to education through stories of the mentors Conroy sought out later in life and lessons he learned along the way: people and lessons that changed the course of his storied life as a bestselling author. Conroy's inspiring role as both a lifelong learner and a lifelong teacher will be discussed in a presentation augmented with video and audio clips, photographs, and excerpts from published and unpublished materials.

Jonathan Haupt is the executive director of the nonprofit Pat Conroy Literary Center and the former director of the University of South Carolina Press. With novelist Nicole Seitz, he co-edited the award-winning anthology *Our Prince of Scribes: Writers Remember Pat Conroy*. Haupt's articles and reviews have appeared in the *Charleston Post & Courier*, *Beaufort Lowcountry Weekly*, *Fall Lines* literary journal, and elsewhere. He lives in Beaufort, South Carolina.

9/8 (Tu) 10:00 AM - 12:00 PM \$12

9/11: A View From the 58th Floor, One WTC

A personal story of September 11, 2001 beginning on the 58th floor of One World Trade Center (the North Tower) at 8:46 a.m. when American Airlines Flight 11 slammed into the building.

Coleman Nutter is a retired partner of Sidley Austin, an international law firm, specializing in capital markets transactions and was a leading expert in derivatives and securitization. Co-authored *Derivatives: Legal Practice and Strategies*, Aspen Publishers (credit default swap and regulatory environment chapters). Nutter taught courses in Economics and Small Business Management at sea in the Navy under the auspices of the University of South Carolina. Graduate of Purdue University BS Industrial Management 1971, UGa law 1977.

9/8 (Tu) 10:30 AM - 11:45 AM \$12

Native Plants Are For The Birds!

Are you a nature lover? Join us for a stunning look at dozens of Georgia's most common (and uncommon) birds through the eyes of a photographer and naturalist, with insights into the native plants that provide their critical habitat and food sources. The course includes practical tips on bird identification and features a how-to demonstration of the National Audubon Society's online Native Plant database tools. Diversity of habitat brings diversity in birds. Including native edible and larval host plants in your garden will result in more birds and more enjoyment.

Gary Whiting is an independent photographer, instructor, and master naturalist. As a former marketing and tech executive and a photographer since age 12, his vision is to capture uncommon moments that create unique works of art. Recently retired to Athens from St Johns, FL, Gary was instrumental in building the photography curriculum in the OLLI program at the University of North Florida, having taught over 45 classes and more than 500 students over six years.

9/8 (Tu) 1:00 PM - 2:30 PM \$27

2020 Presidential Campaign and Election

(4 sessions (through Late Fall): 9/8, 10/2, 10/30, 11/6)

Through a 4-part series of interactive classes from September to November, Dr. Paul Gurian will describe and explain developments in the 2020 presidential campaign and election. Topics will include polls, media, strategy, the conventions and the debates. Some attention will be paid to the US Senate races.

Paul Gurian earned his PhD from the University of North Carolina at Chapel Hill. He is now Professor Emeritus of Political Science, having taught and conducted research on US presidential campaigns for 30 years at the University of Georgia.

9/8 (Tu) 2:00 PM - 3:00 PM

\$12

The Suffrage Movement: A Community of Practice

The year 2020 marks the 100th anniversary of the 19th Amendment, which granted women the right to vote. Although the Suffrage Movement occurred during a time when the Communities of Practice concept had yet to be coined, this movement can be understood as a community of practice, in which members facilitate learning through repeated engagement in joint activities. By understanding how the Suffrage Movement enabled learning among its adult members, the current generation of women and those who support them can engage in adult learning practices that will help overcome the challenges facing women's rights.

Cheryl Kennedy is a PhD candidate at the University of Georgia in the Learning, Leadership, and Organization Development department. Cheryl is interested in adult development and education as it pertains to women. As a non-traditional student, she is drawn to understanding how and where learning occurs in adults.

9/9 (Wed) 10:00 AM - 11:15 AM

\$12

The Detective Novel

For over 150 years, readers have entered the underworld with a detective as guide and defender. We risk exposure to the corruption and cruelty of our kind, knowing that the detective will restore order by the end of the book. Solving the crime vicariously gives us a cognitive and emotional workout. Cynicism is either confirmed or overcome with a kiss, a bullet, or a shrug. The class will consider the formal conventions as well as the moral and social relevance of these popular novels.

Cliff Probst is originally from New Orleans. He was an undergrad in creative writing at Stanford University and later in painting and drawing at the University of Georgia. He completed graduate work in English Literature at Tulane and Vanderbilt. Probst is an active volunteer with the Friends of the ACC Library.

9/9 (Wed) 10:30 AM - 12:00 PM

\$46

Great Books' Great Conversations (updated)

(7 sessions (through Late Fall) - 9/9, 9/23, 10/7, 10/21, 11/4, 11/8, 12/2)

We read short items and selections from some of the world's best fiction and non-fiction. As well as interesting insights we strive for personal growth and social engagement. This year we will read the selections in the Great Books Foundation anthology Great Conversations 3. <https://store.greatbooks.org/great-conversations-3.html> (ISBN ISBN 978-1-880323-17-5, \$24.95) It's also available used. Selections to be read include Hume, Kipling and Borges. Do sign up even if you can't make all seven of the independent sessions. Do sign up even if you can't make all seven of the independent sessions. This class will meet on alternating Wednesdays starting September 11. For questions and information about the first reading, contact Bill Loughner at william@loughner.com.

Bill Loughner is a retired science librarian who graduated from Wayne State University and has an MA in math from UGA. He has been involved with Great Books for more than a few years. He's enthusiastic and enjoys good discussions about interesting and provocative topics. He thinks you will too.

9/9 (Wed) 1:00 PM - 2:15 PM

\$12

Staying healthy: The Latest Information of Cancer Screening, Aspirin, and

Cholesterol

This class will cover recent recommendations and rationales for cancer screening (lung, prostate, breast, cervix, ovary, and colon), as well as recent data about prevention of heart disease using aspirin and statins.

Dr. Mark Ebell is a family physician and professor in the College of Public Health at UGA. He served on the US Preventive Services Task Force that makes national recommendations for screening and prevention, and he recently completed a Fulbright at Royal College of Surgeons of Ireland in Dublin, Ireland where the topic was cancer screening.

9/9 (Wed) 2:30 PM - 3:45 PM

\$12

Options in Senior Living and Personal Care

What questions do families need to ask when looking for senior living options? Many families have never even considered the next phase of life, let alone what they may need in the future if the unexpected happens. Everyone wants to live as long as possible in their home, but do you have a plan in place for the unexpected? In this class, you'll learn a variety of options as well as resources and costs associated with planned or unplanned circumstances. It's good to be prepared or at least know where to start!

Lisa Lewis is a senior counselor who has over 9 years' experience in the senior living industry. She is passionate about helping families find the right option to fit their needs. With independent living, assisted living and cognitive impairment experience, Lisa assists families in evaluating their options and presents a variety of resources to help them.

9/10 (Th) 10:30 AM - 12:00 PM

\$27

Great Decisions: Foreign Policy Issues 2020

(4 sessions (continues in Late Fall: 9/10, 10/8, 11/12, 12/10))

Each year the Foreign Policy Association publishes a booklet analyzing eight foreign policy opportunities and/or risks to the United States. This discussion course will offer the opportunity for participants to read the 2020 analyses and engage in lively class discussions of the issues raised. Participants are expected to purchase the 2020 booklet at www.GreatDecisions.org (cost \$35) and read the first article before the first class in September.

William Alworth is a retired chemistry professor who received his AB from Harvard College and his Ph.D. from the Univ. of California, Berkeley. He has taught several courses for OLLI including this Great Decisions Course. **Peter Rice** is a retired math professor and consultant who was educated at St. John's College, The Great Books College, and has experience teaching topics of ancient and current concerns, including the OLLI course on Great Decisions in 2019. Both discussion leaders have traveled and lived abroad and have observed international diplomatic situations from different perspective.

9/10 (Th) 11:00 AM - 12:00 PM

\$12

Stolen: Five Free Boys Kidnapped into Slavery and their Astonishing Odyssey

Home

Philadelphia, 1825: Five free black boys fall into the clutches of the country's most fearsome gang of kidnapers. Over four long months, their captors drive them overland into the Cotton Kingdom to be sold as slaves. Determined to resist, the boys form a tight brotherhood as they struggle to free themselves and find their way home. Their ordeal shines a glaring spotlight on the Reverse Underground Railroad, a black market network of human traffickers and slave traders who stole away thousands of legally free African Americans from their families in order to fuel slavery's rapid expansion before the Civil War.

Dr. Richard Bell is Professor of History at the University of Maryland. He holds a PhD from Harvard University and is author of the new book *Stolen: Five Free Boys Kidnapped into Slavery and Their Astonishing Odyssey Home*. He has won more than a dozen teaching awards, including the University System of Maryland Board of Regents Faculty Award for Excellence in Teaching, the highest honor for teaching faculty in the Maryland state system.

9/10 (Th) 1:00 PM - 2:15 PM

\$12

Feeding the Poultry to Benefit Humans and the Environment

The objective of this class is to showcase three frontiers in which modern poultry nutritional advances address the need to improve animal health, benefit human health, reduce our dependence on finite natural resources, and strategically mitigate environmental degradation that may result from intensive animal (poultry) agriculture. The lecture will include instruction and audience participation and will aim to stimulate thinking of participants to help them see how modern poultry nutritional knowledge can help address contemporary human needs.

Dr. Oluyinka Olukosi is Assistant Professor in the UGA Poultry Science department, where he teaches poultry nutrition. Previously he held a faculty position in the Monogastric Science Research Centre of Scotland's Rural College and an adjunct lecturer position at the University of Glasgow for eight years. Dr. Olukosi's research focuses on using nutritional tools to improve animal health, reduce the environmental impact of poultry production, and optimize nutrient utilization by poultry species. He is the author or co-author of more than 150 scientific articles, more than 50 of which were in peer-review, and has delivered invited lectures at several scientific events.

9/10 (Th) 1:00 PM - 2:15 PM

\$36

Demystifying Extra Virgin Olive Oil (2 sessions: 9/10 & 9/17)

This class will give you the history of olive oil, one of the most important products in the world. You will learn how olives are grown and where, how olive oil is produced, what determines the quality, the health benefits, and more. You will learn how to taste EVOO like a pro so you can avoid getting ripped off since over 90% of the olive oil sold in America that is labeled Extra Virgin is not by International Olive Oil Association standards. We will taste several EVOOs including the number one EVOO in the world. The EVOO for tasting will be mailed to you prior to the class. Cost of the class includes samples and delivery.

Randall Abney lived on a Tuscan olive farm for 10 years. There he learned about growing olives and producing Extra Virgin Olive Oil, earning a certificate as a Master of Food, Extra Virgin Olive Oil from Slow Food University. He is a member of Georgia Olive Growers Association and American Olive Oil Producers Association, and has earned the coveted title of Ambassador of Balsamic Vinegar. He settled in Athens, GA 10 years ago where he now imports EVOO from Riva del Garda, Italy and Balsamic Vinegar products from REALE in Modena, Italy.

9/11 (Fri) 10:30 AM - 11:45 AM

\$12

Making Medical Decisions

The objective of this seminar is to help people make medical decisions for themselves and to help others approach their medical dilemmas. Using common medical dilemmas/cases, Dr. Schuster will present an approach to decision making that will help attendees understand how to use medical evidence, personal risk factors, and personal preferences.

Dr. Barbara Schuster is an academic internist who moved to Athens in 2008 as the Founding Dean of the Medical Partnership. Her career positions have included postgraduate education leadership at the University of Rochester and Chair of the Department of Medicine at the Boonshoft School of Medicine at Wright State University. She has held leadership roles in national academic medical organizations. Throughout her career, she has cared for adult patients in teaching environments.

9/14 (Mon) 9:00 AM - 10:15 AM

\$12

Women of the US Supreme Court

Three Associate Justices currently on the US Supreme Court are women. This class will look at the background, appointment, and service on the Court of Sandra Day O'Connor, Ruth Bader Ginsburg, Sonia Sotomayor, and Elena Kagan. Coming from diverse backgrounds and experiences -- and often holding differing views on the cases that come before the Court -- all four women agree nonetheless on the importance of the US Constitution and the value of the rule of law.

Penny Mills received degrees in Political Science from Northern Arizona University (MA) and the University of Arizona (PhD). She spent 19 years at Gainesville State College, first in the classroom and later as Dean of the Oconee Campus. For two years she directed a nonprofit organization and currently works as a library assistant. She has visited the Supreme Court three times, each on opening day of the new session.

9/14 (Mon) 10:30 AM - 12:00 PM

\$12

Meiosis, Mendelian Genetics and Chromosomal Inheritance

This presentation is derived from lectures given to first-year (non-major) biology students at UGA. It begins with the process of meiosis, which results in gametes (sex cells) having half the number of chromosomes as the parent cell. It continues with the experiments and conclusions of Gregor Mendel that were consistent with the discovery, many years later, of the behavior of chromosomes during meiosis. The presentation concludes with several examples of classical and chromosomal inheritance.

William Barstow (PhD, Purdue University) has been a biology professor at The University of Georgia since 1974. He retired as a Josiah Meigs Distinguished Teaching Professor in 2008 after teaching biology to an estimated 35,000 undergraduate students. He has served OLLI as a member of the Board of Directors, recruiter for the curriculum and luncheon committees, organizer of the UGA SilverDawgs hospitality team, and class presenter for OLLI@UGA on biology and evolution.

9/14 (Mon) 11:30 AM - 12:45 PM

\$12

Science of Happiness

Learn about surprising and not-so-surprising information on the science behind happiness. What role do money, marriage, friends, children, weather, age, and religion play in making us feel happier? Is happiness stable over time? How can happiness be increased? Dr. Sanderson will describe cutting-edge research from the field of positive psychology on the factors that do (and do not) predict happiness, and she will provide participants with practical (and relatively easy!) ways to increase their own psychological well-being. It's highly recommended you view Dr. Sanderson's video on the One Day University website.

Dr. Catherine Sanderson is the Manwell Family Professor of Life Sciences (Psychology) at Amherst College. She received a bachelor's degree from Stanford University and a doctorate from Princeton University. Professor Sanderson has published over 25 journal articles and book chapters plus four college textbooks. Her latest book, *The Positive Shift*, examines how changing our thoughts benefits happiness and health. In 2012, she was named one of the country's top 300 professors by the Princeton Review.

9/14 (Mon) 2:00 PM - 3:00 PM

\$12

Impostor Phenomenon in Higher Education: Supporting Women Through Times of Extreme Self-Doubt

The impostor phenomenon is a pattern of behavior where people doubt their accomplishments and have a persistent, often internalized fear of being exposed as a fraud. Even in the face of adequate external evidence of accomplishments, such people remain convinced that they don't deserve the success they have. The purpose of this presentation is to discuss the impostor phenomenon in women. The presentation will consist of an overview of the impostor phenomenon, what is known about this phenomenon, and its impact on women in higher education.

Cheryl Kennedy is a PhD candidate at the University of Georgia in the Learning, Leadership, and Organization Development department. Cheryl is interested in adult development and education as it pertains to women. As a non-traditional student, she is drawn to understanding how and where learning occurs in adults.

9/15 (Tu) 9:00 AM - 10:15 AM

\$27

Darwin and Darwinism: From the Fixity of Species to the Scopes Trial and Beyond

(4 sessions: Tuesdays and Thursday 9/15, 9/17, 9/22, 9/24)

Charles Darwin's ideas on biological evolution are perhaps the most novel and impactful in the history of modern science -- and certainly the most controversial. Even as public fights over teaching evolution continue in our own time, more sophisticated Darwinian thinking is increasingly applied, with great success, to new areas of science, society, and our everyday lives. In this course we will discuss biological thinking before Darwin, his core ideas and their significance, as well as his reclusive personal life. Finally, we will survey the controversial responses to "Darwinism" right through to today, in both scientific and popular culture.

Tom Keene is Professor Emeritus of History at Kennesaw State University, where he taught for 42 years, doing mostly undergraduate teaching of World History, the History of Science, and South Asian History. He served for 15 years as Director of the KSU International Center, organizing and facilitating study broad and faculty exchange programs. He is an avid cyclist. He and Jane Keene moved to Athens in 2015 to be near their grandchildren.

9/15 (Tu) 12:00N - 1:00 PM

\$12

Saving Lives: Volunteerism and the Animal Welfare Community in Athens, GA (A)

This course will review animal welfare in our local community, emphasizing how volunteerism and adoptions aid our mission to save lives. Topics include resources for companion pets in the community, how the animal welfare system works, and how members can become more involved in pet rescue in the Athens, GA area.

Jed Kaylor served as the Shelter Director at AAHS for 5 years, now he is serving as the Community Outreach Director. Under his guidance AAHS rescued and found homes for 5,500 cats and dogs and counting.

9/15 (Tu) 5:00 PM – 6:30 PM \$40

Letting the Light In: Writing and Healing Workshops

(6 sessions (continues into late Fall): 9/15, 9/22, 9/29, 10/06, 10/13, 10/20)

Letting the Light In workshops are designed for beginning or intermediate writers who want to engage in expressive writing that promotes healing. Based on therapeutic principles around expressive writing from James Pennebaker and others, these workshops are highly interactive and will explore aspects of healing, our fears and obstacles, and our personal journey toward a more healthy and spiritual life. Letting the Light In workshops are designed to promote self-awareness, clarity, and reflection.

Carlyn C. Bland currently works in Athens, Georgia with the Clarke County School District as the K-8 English Language Arts (ELA) Curriculum Coordinator. She has given workshops at Thrive Integrative Medicine in Athens, and at numerous Addiction Counselors Conferences. She is currently enrolled in the Therapeutic Writing Institute with the Certified Journal Facilitator program.

9/16 (Wed) 9:00 AM – 11:00 AM \$0

Mastering the OLLI@UGA Communications site (powered by Mighty Networks)

For full description see page 8

9/16 (Wed) 10:30 AM – 11:45 AM \$12

Natural and Cultural History of the Okefenokee Swamp

This course will explore the natural and cultural history of one of the most unusual ecosystems on earth: Georgia's beautiful Okefenokee Swamp. Participants will learn about the Okefenokee's natural history and how human cultural activities have been influenced by it. The instructor will use rare still photographs and film footage to illustrate these human interactions up to the establishment of the Okefenokee National Wildlife Refuge.

Bob Izlar is Founding Director of the UGA Langdale Center for Forest Business. He is an authority on the Okefenokee Swamp and has been researching it since 1970. He has 49 years' experience in the forest industry and 22 years at UGA where he is a faculty advisor of Sphinx, AGHON, and Blue Key. He is a retired Colonel in the US Army with 36 years' service.

9/16 (Wed) 2:00 PM – 3:30 PM \$12

Let's Read Poetry Together

This class is designed for poetry lovers who enjoy the spoken word and who are willing to bring a poem to read aloud in a Zoom session. Let's choose poems that are relatively short and fairly accessible. You're welcome to read your own work if you like.

Penny Oldfather is Professor Emerita from UGA. She holds degrees from Oberlin College (BA); University of South Dakota (MA); and Claremont Graduate University (PhD). Her research focuses on the sociocultural roots of intrinsic motivations. She is an active OLLI member and reads a little poetry every day, preferably aloud – and even better – with a friend.

9/17 (Th) 10:30 AM - 11:45 AM

\$12

Laughter Yoga

Through knowledge, people are empowered to take control of their health and be their best selves. A good laugh is one of the easiest and most reliable tools for managing health and stress. We will use laughter as an aerobic cardio workout, leaving us refreshed and calm.

Julie Buffalo has been a nurse for 40 years. She earned a Bachelor's degree in nursing from the Medical College of Georgia. For the past 35 years she has worked at Piedmont Athens Regional Medical Center. As a member of the Community Education department, she works in a variety of settings to help people stay out of the hospital, manage their chronic diseases, and prevent illnesses. Julie has been a Laughter Yoga instructor since 2009 and has taught in a variety of settings with people of all ages and abilities.

9/17 (Th) 12:00 PM - 1:30 PM

\$12

Discover the Classic Center

Learn about the Classic Center and its many offerings, including the work of the Cultural Foundation, upcoming shows and events, and the Classic Center's economic impact for Athens-Clarke County.

Paul Cramer is executive director of the Classic Center Authority. He earned a B.A. from Rochester Institute of Technology and is a Certified Facilities Executive. He served as director of catering at the Desmond Hotel in Albany, NY, and started food and beverage operations at the Riverside Convention Center in Rochester before becoming Assistant Executive Director. He came to Athens in 1995 to open the Classic Center.

9/17 (Th) 1:45 PM - 3:45 PM

\$24

Current Affairs

(3 sessions (continues in Late Fall): 9/17, 10/14, 11/19 same time)

During three monthly meetings this semester, participants will analyze and discuss the deeper dynamics and anticipated consequences of the leading stories in the news. We will address whatever topics seem important and hot at the time. Professors Lief Carter and Bob Grafstein will coordinate and lead the discussions, and several members of the UGA political science department have also agreed to lend their expertise if topics in their specialties arise.

Lief Carter received his AB from Harvard (1962) and a law degree from Harvard Law School (1965). He was a Peace Corps volunteer in Bolivia in 1966-67 and received his PhD from UC Berkeley in 1972. Dr. Carter taught political science at UGA until 1995. He twice received UGA's Josiah Meigs Teaching Award. He taught from 1995 until 2008 at Colorado College. He is the author of *The Limits of Order*, *Reason in Law*, and *Contemporary Constitutional Lawmaking*.

Robert Grafstein is the Georgia Athletic Association Professor of Political Science at the University of Georgia. He received his BA from the University of Pennsylvania and his MA and PhD from the University of Chicago. He is the author of two books, the co-editor of one, and the author of numerous articles in leading academic journals.

9/17 (Th) 2:00 PM - 3:00 PM

\$12

Staying One Step Ahead of Cyber Thieves

This 60-minute session will explain the way fraudsters target us, our important personal data and our money. We'll use plain English, surprising facts and interactive graphics to give you straightforward information you can use. The session includes: how to protect yourself; who are the crooks; how to spot fake emails and texts; what to do if you are victimized; and the crooks' latest tactics and ways to avoid them.

Presenting this session is a fellow Bulldog, **Richard Warner**, whose company Aware Force provides content for over 50,000 employees and consumers every month. Richard has moderated Cyber Security Summits around the US for over 15 years and has been a Georgia based tv and radio journalist since 1978.

9/18 (Fri) 9:00 AM - 10:15 AM

\$12

Misinformation, Paywalls and Facebook: Why Local News is More Important than ever

Local news is paramount to our communities, so let's discuss where the industry is and can go. This class will be an in-depth discussion and analysis of modern journalism and why local news is so important. We will discuss how media like Facebook have completely changed the way newsrooms operate, financially and editorially. The transition from print to digital, the concept of breaking news, the rise and fall of opinion sections, and other major transformations in the news industry are all on the table. Additionally, class attendees can ask about fake news, misinformation, and a range of other trending topics around news media.

Caitlyn Stroh-Page is the executive editor of the Athens Banner-Herald and a graduate of the Grady College of Journalism and Mass Communication. In between graduating from UGA and returning to Athens, Stroh-Page worked for The (Macon) Telegraph and the Lexington Herald-Leader in Lexington, Ky.

9/18 (Fri) 2:00 PM - 3:00 PM

\$12

Voice Overs: An Introduction

Have you ever been told you have a great voice? This introductory workshop will cover the basics of voice-overs. Learn about creating characters, breaking down scripts, original copy, microphone etiquette, genres of work, and more from an industry professional. Sample scripts and performances will be a part of this class; so come ready to use your voice!

Alexis Nichols is a voiceover artist working in television, film, audio books, trailers, and commercials. Her animated feature film and television work includes three characters in the English version of the animated series Little Witch Academia. Other projects include commercials for Dick's Sporting Goods, Disney's Aulani Resort, QVC, Mercedes Benz Fashion Week, and Sesame Street's Sesame Place Theme Park. She was recently nominated for a Voice Arts Award at New York City's Lincoln Center.

9/21 (Mon) 10:00 AM - 11:30 AM

\$12

Quick Easy Tips To Spruce Up Your Home Room By Room

All of us have been spending more time at home. Perhaps you have finally tackled some long overdue projects. Perhaps you have noticed things that could use some freshening up or feel a bit unfinished or “off.” We will discuss some quick and simple suggestions to spruce up each room in your house. You will also receive advice to keep in mind when shopping.

Mary Nolte is an experienced Interior Designer, Color Consultant, and Adjunct Faculty at NYIT Old Westbury. She is the founder of Mary Nolte Designs and Kaleidoscope Color Consulting. Mary is recognized as an authority on color and design, has been nationally and locally published, and has received Houzz.com Service Awards 2014-2018.

9/21 (Mon) 10:30 AM - 11:45 AM

\$12

Lincoln and Leadership

Abraham Lincoln is typically ranked as the nation’s foremost president. All agree that, in a time of unprecedented crisis, he possessed extraordinary leadership skills that he used to preserve the nation. While most leaders may display a unique style, there is much to learn from Lincoln about leadership. By examining specific moments in Lincoln’s life, we emerge better equipped to think about how to handle conflict and controversy in our own affairs.

Louis P. Masur is Distinguished Professor of American Studies and History at Rutgers University. His books include *Lincoln’s Last Speech*, *The Civil War: A Concise History*, and his recently published book *The Sum of Our Dreams: A Concise History of America*. His writings have appeared in the New York Times, Washington Post, and on CNN.

9/22 (Tu) 10:30 AM - 11:45 AM

\$12

Biology and Ecology of the Monarch

The monarch is likely the most readily identified and widely studied butterfly. Explore its fascinating life cycle and impressive long-distance migration. Discover the citizen science projects to track the journey of monarchs south and north, tag the migrants, and test adults for a debilitating parasite. Learn about reasons for their population decline and what you can do to help in their recovery.

Sharon McCullough is a volunteer with Monarchs Across Georgia, a committee of the Environmental Education Alliance of Georgia. She is a retired 7th grade science teacher who continues to teach through presentations and workshops. **Susan Meyers** is the volunteer co-chair of Monarchs Across Georgia, a committee of the Environmental Education Alliance of Georgia. She has been studying monarchs since 2003 when she first traveled to their overwintering sanctuaries in Mexico.

9/22 (Tu) 10:30 AM - 11:30 AM

\$12

The Age of Great Harmony: Sister Singing Groups From The McGuire Sisters to the Andrews Sisters & More

We all remember the great harmonies of the golden age of Sister Singing Groups, from the McGuire Sisters to the Andrews and the Fontaine Sisters. This class looks at how they got started and became famous, and includes snippets of great songs like Boogie Woogie Bugle Boy, Sincerely, Mr. vb, and more.

Sandy Olson enjoyed a 40-plus year career starting as an officer in the USAF. Over the years she has held positions in broadcasting, journalism, and the marketing of active living retirement communities. She does not consider herself retired but, in fact, has re-fired with an encore career teaching classes on Positive Aging in which she addresses the myths and stereotypes of growing older, having purpose in our lives, and developing an attitude of gratitude.

9/22 (Tu) 2:00 PM - 3:30 PM

\$12

Lethal State: Lynching, the Death Penalty, and the Making of the Modern South

This presentation will focus on the history of lynching and the death penalty in North Carolina, with gestures to broader histories and contexts in the South and nationally, and with an eye toward connecting historic injustices with contemporary ones.

Seth Kotch is Associate Professor in the Department of American Studies at the University of North Carolina at Chapel Hill and Director of the Southern Oral History Program. He researches and teaches about the criminal legal system. His first book, *Lethal State*, is a history of the death penalty in North Carolina.

9/23 (Wed) 10:00 AM - 12:00 PM

\$12

Athens Music History Tour with Paul Butchart*

Virtually walk with Athens music historian Paul Butchart as he shares firsthand tales from back-in-the-day. Paul is a raconteur of the burgeoning 'Art Rocks' scene, where art and music merged to grow bands like the B-52s, R.E.M., and Pylon. The tour will explore the sights and sounds that cultivated our rich musical heritage. This tour will cover Downtown, a visit to Wuxtry Records, and current and former music venues including the Steeple, Nuci's Space, and the R.E.M. Trestle.

As Athens's official music historian, **Paul Butchart** was an integral part of the music scene from the late 1970s through the 1980s and beyond. His own band 'The Side Effects' was the opening band for R.E.M.'s very first show at the Old St. Mary's Church on Oconee Street. As a relentless researcher, Paul never stops seeking information about Athens's music from the early days of the 1820s through today.

*Time and date to be confirmed

9/23 (Wed) 10:00 AM - 1:00 PM

\$34

**Dawn of Battle: America Goes to War:
Fighting WW II in the Soft Underbelly of Europe
(5 sessions (continues in Late Fall): 9/23, 9/30, 10/7, 10/14, 10/21)**

The US first engages the German Army in ground combat in North Africa. Operation Torch is our initial offensive operation to wrest Europe back from Nazi domination. Once the Germans are ejected from North Africa, the Allies invade Sicily in Operation Husky, and finally, invade Italy on Operation Avalanche. We then follow the campaign up the boot of Italy, until the end of WW II. (A battlefield tour of the region is proposed for September, 2021)

COL (Retired) Lawrence Saul served 34 years in the US Army. He served in a variety of positions and locations, including three tours with the British Army. He was one of the last 10 Vietnam War veterans still serving when he retired. He lectures on Military History and leads tours to the European battlefields of WW I and II. He has a Bachelor in History from Georgia State University as well as two Masters degrees.

9/24 (Th) 10:30 AM - 11:45 AM

\$12

Steps to Picking YOUR Perfect Painting Colors

Following easy-to-understand advice and step-by-step instructions, you will quickly learn how to use color confidently in your home. You will discover many of the tips, tricks, and techniques that Mary has gathered over her years of working with color professionally. You will leave this class with a process for successfully choosing colors for any room in your home. As a bonus, Mary will share design ideas that can help you create the home of your dreams.

Mary Nolte is an experienced Interior Designer, Color Consultant, and Adjunct Faculty at NYIT Old Westbury. She is the founder of Mary Nolte Designs and Kaleidoscope Color Consulting. Mary is recognized as an authority on color and design, has been nationally and locally published, and has received Houzz.com Service Awards 2014-2018.

9/24 (Th) 2:30 PM - 3:45 PM

\$52

Beginning German

(8 sessions (continues in Late Fall): 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/05, 11/12)

This class will cover the basics of hearing, reading, speaking, writing, and understanding the German language. Practicing these skills, we will learn the elements of German grammar, which will be taught and practiced in German sentences. A textbook will be used to aid us in our learning process and practice exercises, and to guide us in mastering the structure and vocabulary of German. That text is Ed Swick, German Demystified, 2nd ed., which comes with an audio CD.

Dr. O. C. Dean has degrees in French, Theology, and Linguistics. He has studied German language and literature, and studied in Germany. Professionally, O. C. has worked as a campus and parish minister, and he has been a translator of German theology and biblical studies since 1965.

9/25 (Fri) 2:00 PM - 3:00 PM

\$12

The Untold Story of Jesus

Jesus and the Essenes, 1992, by Delores Cannon. Delores Cannon Investigates Series. With regression hypnosis travel back through time to an ancient civilization. Through the entity, Suddi, one of Jesus' teachers, learn of the lost details of Jesus' life and death.

Sharon Carty is an experienced spiritual counselor. Her heritage is Irish and one-quarter Apache Indian. While living in St. Augustine, Florida, she hosted a weekly spiritual metaphysical live call-in talk radio show. While in St. Louis, she wrote a monthly column similar to Dear Abby in Spirit Seeker magazine.

9/28 (Mon) 10:30 AM - 11:45 AM

\$12

Evil! What Is Evil and How Do We Know It?

When we call something evil we clearly mean something worse than stupid, or harmful, or misinformed. But what DO we mean by using that word? Do we agree about the nature of evil in politics? In private life? In religion? Should evil describe a person's character, or should it describe things humans do? Or both? This course takes the form of a college seminar and will be limited to 20 people. In good seminar style, I will not lecture but merely set the shape of the discussion.

Lief Carter received his AB from Harvard (1962) and a law degree from Harvard Law School (1965). He was a Peace Corps volunteer in Bolivia in 1966-67 and received his PhD from UC Berkeley in 1972. Dr. Carter taught political science at UGA until 1995. He twice received UGA's Josiah Meigs Teaching Award. He taught from 1995 until 2008 at Colorado College. He is the author of *The Limits of Order*, *Reason in Law*, and *Contemporary Constitutional Lawmaking*.

9/28 (Mon) 10:30 AM - 11:30 AM

\$12

The Long Shadow: Understanding White Supremacy & White Privilege

The Long Shadow follows former CNN Senior Producer, TEDx fellow, and Emmy-Award winning Director Frances Causey as she traces back her family's legacy of white privilege, putting it in the context of the history of anti-black racism in America from slavery to today.

Program includes:

- A private virtual screening event where members can stream the PBS version of The Long Shadow on our website for a specified window of time (7 days)
- A live Zoom Q&A with director Frances Causey

Attendees will be asked to watch the film before joining the live Q&A.

Attendees will be provided a private link to watch the film.

Director **Frances Causey** is an Emmy award-winning documentary filmmaker and journalist with 15 years' experience as a Senior Producer at CNN with previous work hailed as a New York Times Critic's Pick.

9/29 (Tu) 10:30 AM - 12:00 PM

\$12

Cancer: Understanding and Reducing Your Risk

In the US it was estimated that in 2019, 1,762,450 adults over age 55 would be diagnosed with cancer and 606,880 would die from the disease. One in two women and one in three men will develop cancer in their lifetime. In this class we will discuss what cancer is, how cancer is treated, and tips for getting through treatment. We will also discuss the importance of screening and how to reduce your overall risk of cancer.

Sandy Pyle, BSN, RN has over 25 years in the medical profession. She has been a RN for 23 years and has worked in the inpatient setting in oncology and recovery room. She has also worked in an outpatient area, hospice and as a Clinic Manager at The UGA student Health Center. She is currently employed at The Loran Smith Center for Cancer Support as an Oncology Nurse Navigator.

9/30 (Wed) 10:00 AM - 11:15 AM

\$12

Accessorizing Your Home: The Finishing Touches

Accessories are the finishing touches that reflect your character in your home. Learn the basic principles that professionals use and what you need to keep in mind when selecting and placing accessories for your home. In addition, we will discuss different types of accessories and their proper placement. You will have the basic guidelines to keep in mind when accessorizing your home. The finishing touches are what make a house your home that you envision.

Mary Nolte is an experienced Interior Designer, Color Consultant, and Adjunct Faculty at NYIT Old Westbury. She is the founder of Mary Nolte Designs and Kaleidoscope Color Consulting. Mary is recognized as an authority on color and design, has been nationally and locally published, and has received Houzz.com Service Awards 2014-2018.

9/30 (Wed) 1:30 AM - 4:30 PM

\$12

Census Records: How to Find Ancestors

Census records are essential tools for finding our ancestors. This overview of US census records will touch on population, non-population, territorial, state, and special schedules, along with a few options for census substitutes. Some of the same principles for US censuses can be applied to those in other countries. This three-hour class consists of lecture and hands-on exercises using a computer. Participants will complete exercises during class using a variety of records. There will also be advance assignments to be completed before class.

Laura Carter, a native Athenian, grew up in Clarke County, Georgia. She worked at the Athens-Clarke County Library from July 1974 until July 2012, retiring completely on December 31, 2014. Laura was Heritage Room Librarian from May 1995 through July 2012. She has a Master's degree in Library and Information Sciences and a Specialist degree in Library and Information Sciences with a focus on Archives and Manuscripts. Laura has taught numerous genealogy classes for OLLI and, with Gene Wengert, co-chairs the DNA for Genealogy SIG.

10/1 (Th) 10:30 AM – 11:45 AM \$21
Financial and Estate Planning 500: Planning in the Retirement Years (C)
(2 sessions, 10/1 & 10/2 same times)
Please note change of time

We have spent our entire lives planning our finances around this season of life, retirement. Our financial plans no longer include employee benefits or salaries. We are operating on fixed incomes and assets. Our goals include preserving capital, addressing long-term healthcare needs, and making wealth distribution decisions about charity and family. This course will guide you through the financial and estate planning steps as they apply to retirees: knowing what you have, setting goals, designing a plan, implementing the plan, and knowing when to review and reset your plan.

Laurel Alberty is a Certified Financial Planner and Vice President of Financial and Estate Planning at First American Bank and Trust. Laurel has offered financial and estate planning advice in the Athens community for over 20 years. She writes financial articles, teaches financial literacy classes, and has been a guest speaker for the UGA entrepreneur class. Laurel enjoys sharing her love for finance and teaching others how to stay on the path to financial security.

10/1 (Th) 10:00 AM – 11:15 AM \$34
Learning to Look: An Introduction to the Georgia Museum of Art
(5 sessions: continues in Late Fall: 10/1, 10/8, 10/15, 10/22, 10/29)

In a series of five classes, you will discover the various collections and special exhibitions of the Georgia Museum of Art (GMOA). You will have unique tours by a specialist in the subject of the particular class, with a chance to ask questions. The specific classes include, in order: 1. An introduction to GMOA, and learning to look at art gallery exercises focused on close looking, discussing, and interpreting works of art; 2. highlights of the permanent collection and a behind-the-scenes tour of the vaults; 3. the decorative arts collection and special exhibitions; 4. European art and works on paper; 5. American art and the special installation of Cecilia Beaux's *Twilight Confidences*.

The presenters for each session are as follows: 1. **Callan Steinmann**, PhD, curator of education; 2. **William Eiland**, PhD, museum director; 3. **Dale Couch**, BS and extensive graduate work in history of art, curator of decorative arts; 4. **Nelda Damiano**, PhD, curator of European Art; and 5. **Jeff Richmond-Moll**, PhD, curator of American art. Presenters will bring their own unique background and expertise to each class session.

10/1 (Th) 1:00 PM - 3:45 PM

\$12

Applied Watershed Monitoring Basics

This course is a follow-up to the Watershed Monitoring Basics and UOWN lecture presented earlier in the semester. It will allow participants to acquire hands-on experience in water quality monitoring techniques at Sandy Creek Nature Center and will prepare them for Georgia Adopt A Stream certification in chemical and biological monitoring. Participants will be required to wear masks and observe social distancing.

Bruno Giri grew up in North Carolina and graduated from the College of William and Mary with a BS in Biology. After serving two years as a fisheries extension volunteer with the US Peace Corps in rural Nepal, he completed an MS in aquaculture and fisheries at Auburn University. He has lived in Athens since 2001 and is an active volunteer with the Upper Oconee Watershed Network (UOWN) and other nonprofits. He currently chairs the education committee for UOWN and loves spreading the good news about water quality and natural resource protection through community activism. **Vicki Soutar**, a lifelong Georgia resident, has a BS in Geology, and a Masters and Specialist degree in Science Education from the University of Georgia. She taught at Oconee County High School for 31 years before retiring. She is a Georgia Adopt-A-Stream certified volunteer and trainer, serves on the UOWN Board, and chairs the Oconee Waters Committee. She enjoys watershed monitoring and providing educational opportunities for others to learn how to protect and improve their watershed.

10/2 (Fri) 2:00 PM - 3:30 PM

\$12

Understanding Suicide and Its Prevention Today

With suicide rates rising across the country, it is more important than ever to understand what suicidal thoughts and behaviors are and how to prevent them. Suicide is complex. Even though more is being learned about it every year, there is still much to learn. This class will provide an overview of the causes and continuum of suicidal thoughts and behaviors, programs and interventions that are evidence-based or promising, and measures that individuals can take to help prevent suicide now.

Sally vander Straeten is a social worker who has worked in behavioral health, child welfare and social work education for over 50 years. For the last 18 years she has been passionately dedicated to suicide prevention and mental health. After retiring as the Suicide Prevention Coordinator for the Department of Behavioral Health and Developmental Disabilities she began her own company, Systems Development for Suicide Prevention that focuses on policy, training, evaluation and advocacy. Sally is a certified instructor in Adult Mental Health First Aid.

10/5 (Mon) 9:00 AM - 11:45 AM

\$21

Photography 101 - Get More From Your Camera!

(3 sessions: 10/5, 10/12, 10/17)

Curious about all those buttons on your DSLR, Mirrorless, or Point-and-Shoot camera? Are you a photo enthusiast looking for advice? Join this new class for the beginner to intermediate digital photographer. In the first classroom session, students will learn how to improve exposure, focus, and composition and gain a better understanding of their camera's functions with emphasis on the basics. In session two, technique assignments will be practiced at a local venue with social distancing or at home, depending on the student's preference. (TBD) The final class will include review of images with plenty of time for Q&A.

Gary Whiting is an independent photographer, instructor, and master naturalist. As a former marketing and tech executive and a photographer since age 12, his vision is to capture uncommon moments that create unique works of art. Recently retired to Athens from St Johns, FL, Gary was instrumental in building the photography curriculum in the OLLI program at the University of North Florida, having taught over 45 classes and more than 500 students over six years.

10/5 (Mon) 10:00 AM - 11:15 AM

\$21

Online Theatre

(2 sessions 10/5 & 10/12 same time)

The internet has rapidly emerged as the most popular medium for dramatic entertainment, overtaking live theatre, film, and broadcast TV. The COVID-19 crisis has accelerated this process and forced theatre-makers around the world to explore ways to create events that strive to capture the vitality and spontaneity of live performance on Facebook, YouTube, Zoom, and other digital platforms. After a brief review of the history of online performance, this class will examine some of the most compelling and creative of these experiments, including some exciting online work scheduled for production at UGA in Fall 2020.

David Saltz is professor and head of UGA's Department of Theatre and Film Studies. He has published numerous books and articles about theatre and media. As a stage director, since the early 1990s, he has explored ways to integrate digital media into live performance. His work is discussed in scholarly publications and the popular press, including The New York Times, American Theatre, and Variety. He received his BA from Yale and PhD from Stanford.

10/5 (Mon) 2:00 PM - 3:15 PM

\$36

Demystifying Balsamic Vinegar
(2 sessions 10/5 & 10/12 same time)

In this class you will learn all about this very special product. We will cover the history and how the product has been used over the centuries. You will learn how REAL balsamic vinegar is produced and how the fakes are produced. We will discuss how to tell the difference between the real and fake by learning how to read the label and tasting the products. During the second session we will taste several Balsamic Vinegars from the 5-year-old White Balsamic, to Aceto Balsamic di Modena to 100% Balsamic Vinegar. The products for tasting will be mailed to you before the class. Class cost includes materials and delivery.

Randall Abney lived on a Tuscan olive farm for 10 years. There he learned about growing olives and producing Extra Virgin Olive Oil, earning a certificate as a Master of Food, Extra Virgin Olive Oil from Slow Food University. He is a member of Georgia Olive Growers Association and American Olive Oil Producers Association, and has earned the coveted title of Ambassador of Balsamic Vinegar. He settled in Athens, GA 10 years ago where he now imports EVOO from Riva del Garda, Italy and Balsamic Vinegar products from REALE in Modena, Italy.

10/6 (Tu) 9:00 AM - 10:15 AM

\$12

More Plant Stories: Delicious, Delightful, and Deadly

Plants provide us with food and beauty, but they also have had significant impacts on human history. This class will explore topics from the title, including how plants have positively affected the development of civilizations and how some of the most deadly plants in the world changed history.

David Knauft conducted peanut breeding and genetic research, and taught genetics-related courses at the University of Florida. He was head of the Crop Science Department at NC State, followed by service as associate dean for academic affairs at UGA. He conducted breeding research in the horticulture department before becoming associate dean of the Graduate School. He retired part-time in 2011, teaching gardening and service-learning courses until his full retirement in July 2019.

10/6 (Tu) 10:00 AM - 11:00 AM

\$21

The US and the World: What's Going On and What's Next?
(2 sessions: 10/6 10/13 same time)

This class will examine the role of the United States in the post-WWII world, the present and future. Particular attention will be paid to the contemporary period and our post-Covid future.

Gary Bertsch is an elected Life Member of the New York-based Council on Foreign Relations. From 1969 to 2010, he served on the UGA faculty, as professor of international relations and founding director of the Center for International Trade and Security (CITS). In 1996 he was awarded the title of University Professor, signifying the highest recognition of endeavors on behalf of the University's mission. In 2015 he received the UGA President's Medal recognizing longstanding, extraordinary contributions to students, academic programs, and society.

10/6 (Wed) 12:00N - 1:00 PM \$12
Saving Lives: Volunteerism and the Animal Welfare Community in Athens, GA

(B)

[Please see full description on page 22](#)

10/6 (Tu) 2:00 PM - 3:30 PM \$12
Across the River: The People, Places, and Culture of East Athens

This class will focus on six years of research by the authors on the East Athens area that culminated in their recently published book, *East Athens: The People, Places, and Culture of East Athens* (ISBN 978-0-578-44644-8). Based on a summary of the first one hundred years of Athens history, highlights will include information on East Athens's beginnings, mills, schools, churches, grocery stores, recreational opportunities, businesses, cemeteries, and notable people.

Maxine Pinson Easom and **Patsy Hawkins Arnold** are native East Athenians: Maxine grew up on Little Oconee Street; Patsy grew up on Oak Street. They attended Oconee Street Elementary, attended church at Oconee Street Methodist and East Athens Baptist churches, and reared their children in East Athens. Over the past six years they have devoted their time and efforts to discovering, describing, and drafting the history of the area where Athens began - East Athens.

10/7 (Wed) 10:30 AM - 11:45 AM \$12
ReCycling Bikes for the Enrichment of the Athens Community: A Tour of

BikeAthens

This is an introductory course in bicycle mechanics taught by experienced BikeAthens volunteers and staff. The goal is to familiarize participants with the basic elements of bike repair, and orient them to the bike shop and the work space. Participants who complete this class are encouraged to return to one or more of our regular weekly volunteer sessions to continue to learn and help us serve Athens. Come prepared for a hands-on experience wearing clothes that can get dirty. If you desire repair manuals for preview, just email us at shop@bikeathens.org or visit the shop (1075 W Broad St, across from The Varsity) for check-out. We will offer great information for personal use and a way to learn and enrich our community and its needs.

Scott Long is the Executive Director of BikeAthens, a 501(c)(3) nonprofit organization in Athens that refurbishes donated bicycles and donates them to people that need affordable transportation. E.g. teens, homeless, etc. Our volunteer mechanics have many years of combined experience to make sure all donated bikes have passed a rigorous inspection to ensure they are safe and reliable.

10/7 (Wed) 2:00 PM - 3:15 PM

\$12

We Save our Best Lies for Ourselves: Cognitive Dissonance and the Supernatural

A short tour of the history of how and why we construct magical explanations of the world and how our acceptance or denial of science curbs magical thinking. Participants will be encouraged to share their own favorite totally unscientific beliefs with the class.

Scott Shaw is Josiah Meigs Professor Emeritus at the University of Georgia. His PhD is from the University of Pennsylvania where he began his career in stellar astronomy, specializing in binary stars. He continues to teach an astronomy seminar at UGA.

10/9 (Fri) 10:30 AM - 11:45 AM

\$12

Get Your Ducks in a Row

As they say, getting old isn't for the weak or faint of heart. Older Americans are often faced with declining health, loss of income, loss of partners, and sometimes declining cognitive abilities. They can be targets of scams and victims of elder abuse. Fortunately, a few planning steps can go a long way towards ensuring more autonomy and control in one's later years. This course will introduce the steps that every older American can and should take to protect herself and her family. *Get Your Ducks in a Row: The Baby Boomers Guide to Estate Planning*, ISBN 978-1-7339310-0-7.

Harry S. Margolis, of Margolis & Bloom, in Boston, is a graduate of Swarthmore College and New York University School of Law. His practice concentrates on elder law, planning for individuals with disabilities, and estate trust administration. Mr. Margolis is a Fellow of the National Academy of Elder Law Attorneys and of the American College of Trust and Estate Counsel. He has been designated a Super Lawyer since 2005, one of the top 100 Super Lawyers in New England for 2014 and in Massachusetts for 2019.

10/9 (Fri) 2:00 PM - 3:15 PM

\$12

Venice: Biennale 2019

For over 100 years Venice has invited the nations of the world to show off their best art work at the Biennale. Held all summer every other year, 2019 saw 89 countries participating, as well as numerous independent groups. Around 30 countries, including the US, have built dedicated pavilions for their exhibits and other countries rent space all over Venice. Bill will give a slide show of the 2019 highlights including his video of the Grand Prize Winner: Lithuania!

Bill Loughner is a retired science librarian who graduated from Wayne State University and has an MA in math from UGA. He has been involved with Great Books for more than a few years. He's enthusiastic and enjoys good discussions about interesting and provocative topics. He thinks you will too.

10/13 (Tu) 1:00 PM - 2:15 PM

\$12

Leaving Earth - Controlled Ecological Life Support System Research at Kennedy Space Center

This class will focus on research and development in human life support systems conducted at Kennedy Space Center (KSC) from the mid-1980s until 2005. Research involved the development and testing of a controlled ecosystem in a large sealed chamber at KSC. Multifaceted aspects of the program were testing various plant growth systems, various crop plants, and associated testing of plant growth and development in microgravity experiments.

Dr. Ross Hinkle is retired from the University of Central Florida (UCF) as Professor Emeritus, Biology. He spent 25 years as a scientist and manager at Kennedy Space Center in Florida. He also spent the most recent 11 years at UCF where he served as a department chair, Vice Provost/Dean of the Graduate College, and Research Professor. He received his MS (1975) and PhD (1978) in Ecology from the University of Tennessee at Knoxville.

10/13 (Tu) 2:30 PM - 3:45 PM

\$12

The Conversation Project: Normalizing End-of-Life Conversations

This presentation will introduce participants to the mission of The Conversation Project (TCP), a public engagement initiative with a goal that is both simple and transformative: to have every person's wishes for end-of-life care expressed and respected. Too many people die in a manner they would not choose, and too many of those who matter most to them are left feeling bereaved, guilty, and uncertain. The Conversation Project is dedicated to changing the current norm. Participants will receive an overview of the various components of TCP and actionable steps to bring the initiative into their professional and personal spheres.

As a Project Manager for the Institute for Healthcare Improvement, **Stephanie Coulombre**, MA, manages a variety of partnerships, improvement initiatives, and capacity-building programs around the world. After joining The Conversation Project in 2019, Ms. Coulombre has supported the initiative's dissemination strategy and implementation, designed and managed grants, and tracked metrics to advance The Conversation Project's mission. She received her undergraduate degree in Psychology from Mount Holyoke College and her Master of Arts in Health Communication from Emerson College.

10/14 (Wed) 2:00 PM - 3:15 PM

\$12

Research & Development at UGA

A universal flu vaccine, strategies to combat human trafficking, and many new products introduced in the marketplace are among the projects under research at the University of Georgia, delivering an estimated \$6.5 billion impact on the state. Research expenditures reached a record of more than \$477 million in FY 2019 and ranked #1 among US universities in products brought to market annually. Learn more about the continued multi-year effort expanding Research & Development at UGA.

David Lee is Vice President for Research and heads UGA's research and development efforts that have the goal of changing peoples lives for the better. He has been at UGA since 2005 and serves on several national boards and is a Fellow of the American Association for the Advancement of Science. Dr. Lee received his B.S. in biology from Stanford University and his PhD in biochemistry from the University of Washington. After two post-doctoral fellowships, he worked two years in the private sector followed by 20 years distinguished academic service at UNC before joining UGA.

10/15 (Th) 10:30 AM - 11:45 AM

\$12

Hamilton Gardens at Lake Chatuge, Inc.: Their Story

What happens to the largest rhododendron garden in the Southeast when it is neglected? How can a few passionate and energetic volunteers make a difference? This is the Gardens' story, one of hard work, hope, and dedication to restore, preserve, and enhance this special place for future generations.

Grace Howard is the Executive Director of Hamilton Gardens at Lake Chatuge, Inc. She is a Master Gardener, Master Naturalist and a retired business consultant. She was part of the original group who worked for 3 years to save this botanical garden from extinction. Under her leadership the Gardens Board has developed its vision, mission, and strategic plan, instituted an organizational structure, and managed to include this Garden in the Ten-Year Comprehensive Plan for Towns County.

10/16 (Fri) 2:30 PM - 3:45 PM

\$12

COVID-19: What Patients Need to Know

OLLI members will take great interest in the critical information provided in this highly relevant class from an expert in public health. Dr. Ebell will provide us with a state-of-the-art update on the epidemiology, diagnosis, and treatment of, and prognosis for, the novel SARS-CoV-2 coronavirus that causes COVID-19.

Dr. Mark Ebell is a family physician and professor in the College of Public Health at UGA. He served on the US Preventive Services Task Force that makes national recommendations for screening and prevention, and he recently completed a Fulbright at Royal College of Surgeons of Ireland in Dublin, Ireland where the topic was cancer screening.

August- Sept Classes Schedule 2020 (week 1-3)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1		August 18 10:30am Working with a Financial Adviser 1:00pm Walking and Biking in Athens 2:00pm Thomas Jefferson's Education	August 19 10:00am Art Therapy – For Those of us who can't draw 10:30am Understanding the Mechanism of Evolution 2:00pm The Battle of Atlanta Cyclorama: Saving a National Treasure 2:00pm The Jewish Life of Alexander Hamilton	August 20 9:00am Financial and Estate Planning – section A (part 1) 9:00am Mastering OLLI@UGA Communications (Free) 2:00pm Cartooning for Fun 5:00pm Watershed Basics	August 21 9:00am Financial and Estate Planning – section A (part 2) 1:00pm “Who Stands fast” (part 1)
	August 24	August 25	August 26	August 27	August 28
Week 2		9:00am Mastering OLLI@UGA Communications (FREE) 10.30am Coulda, Woulda, Shoulda 12n White Privilege: Deepening Awareness and Building Capacity for social Change 2:00pm Lives Well Lives: Celebrating the Secrets, Wit and Wisdom of Age	1:00pm The Benefits of Mindfulness 1:30pm FamilySearch Research Wiki: A Family Historian's BFF	10:00am Life on a Submarine 2:00pm Meditative Doodling	10:30am Talking the TALK 1:00pm “Who Stands fast” (part 2) 2:00pm Capture and Share Stories from Fables to your life
	August 31	September 1	September 2	September 3	September 4
Week 3	10:30am Influence of Social Factors on Diet 2:00am Mastering OLLI@UGA Communications (FREE)	10:30am: Detecting Disinformation in the 2020 Election 10:30am: Team Lavender: mindfulness & meditation in practice 2:00pm Robotics to 3-D X-Ray to Printing Artificial Body Parts	9:00am Genealogy: Getting Started and Finding Resources 2:00pm How to Throw an Idea Party – Barbara Sher Style	9:00am Financial and Estate Planning 500 (B part 1) 2:00pm Reawakening & Strengthening your Creativeness & Creative Thinking	9:00am Financial and Estate Planning 500 (B part 2) 1:00pm “Who Stands fast” (part 3) 2:30pm Pat Conroy as Lifelong Learner

September Classes Schedule 2020 (week 4-6)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 7	September 8	September 9	September 10	September 11
Week 4	No Classes Happy Labor Day!	10:00am 9/11: a View from the 58th Floor, One WTC 10:30am Native Plants are for the Birds 1:00pm 2020 Presidential Campaign and Election (part 1) 2:00pm The Suffrage Movement: A Community of Practice	10:00am The Detective Novel 10:30am Great Books: Great Conversations (part 1) 1:00pm Staying Healthy: the Latest Information on Cancer Screening 2:30pm Options in Senior Living and Personal Care	10:30am Great Decisions: Foreign Policy Issues 2020 (1) 11:00am Stolen: Five Free Boys Kidnapped into Slavery 1:00pm Demystifying Extra Virgin Olive Oil (part 1) 1:00pm Feeding the Poultry to Benefit Humans	10:30am Making Medical Decisions 1:00pm "Who Stands fast" (part 4)
	September 14	September 15	September 16	September 17	September 18
Week 5	9:00am Women of the Supreme Court 10:30am Meiosis, Mendelian Genetics and Chromosomal Inheritance 11:30am Science of Happiness 2:00pm Impostor Phenomenon in Higher Education:	9:00am Darwin and Darwinism: From the Fixity of Species to the Scopes Trial and Beyond 12n Saving Lives: Volunteerism in the Athens, GA animal welfare community 5:00pm Letting The Light In: Expressive Writing and Healing (part 1)	9:00am Mastering OLLI@UGA Communications 10:30am Natural and Cultural History of the Okefenokee Swamp 2:00pm Let's Read Poetry Together	9:00am Darwin and Darwinism: (Part 2) 10:30am Laughter Yoga 12n Discover The Classic Center 1:45pm Current Affairs (Part 1) 2:00pm Staying One Step Ahead of Cyber Thieves	9:00am Misinformation, paywalls and Facebook: 1:00pm "Who Stands fast" (part 5) 2:00pm Voice Overs: An Introduction
	September 21	September 22	September 23	September 24	September 25
Week 6	10:00am Quick Easy Tips To Spruce Up Your Home Room By Room 10:30am Lincoln and Leadership	9:00am Darwin ... (3) 10:30am Biology and Ecology of the Monarch 10:30am The Age of Great Harmony: Sister Singing Groups 2:00pm Lethal State: Lynching, the Death Penalty, and the Making of the Modern South 5:00pm Letting The Light (2)	9:00am Genealogy: Getting Started and Finding Resources (part 2) 10:00am Dawn of Battle: America Goes to War (part 1) 10:00am: Athens Music History Tour 10:30am Great Books: Great Conversations (part 2)	9:00am Darwin and Darwinism: (Part 4) 10:30: Steps to Picking YOUR Perfect Painting Colors 1:00pm Demystifying Extra Virgin Olive Oil (part 2) 2:30pm Beginning German (part 1)	1:00pm "Who Stands fast" (part 6) 2:00pm The Untold Story of Jesus

September - October 16 Classes Schedule 2020 (week 7-9)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 28	September 29	September 30	October 1	October 2
Week 7	10:30am Evil! What Is Evil and How Do We Know It? 10:30am The Long Shadow: Understanding White Supremacy & White Privilege	10:30am Cancer: Understanding and Reducing Your Risk 5:00pm Letting The Light In: Expressive Writing and Healing (part 3)	10:00am Dawn of Battle: America Goes to War (part 2) 10:00am Athens Music History Walking Tour - B 10:00am Accessorizing Your Home, The Final Touches 1:30pm Census Records: How to Find Ancestors	9:00am Financial and Estate Planning - section C (part 1) 10:00am Learning to Look: An Introduction to the Georgia Museum of Art (part 1) 1:00pm Applied Watershed Monitoring Basics 2:30pm Beginning German (2)	9:00am Financial and Estate Planning - section C (part 2) 1:00pm 2020 Presidential Campaign and Election (part 2) 2:00pm Understanding Suicide and Its Prevention Today
	October 5	October 6	October 7	October 8	October 9
Week 8	9:00am Boules! Come and Play Petanque 9:00am Photography 101 - Get More From Your Camera! 10:00am Online Theatre	9:00am More Plant Stories: Delicious, Delightful and Deadly 10:00am The U.S. and the World: What's Going On and What's Next? (part 1) 12n Saving Lives: Volunteerism in the Athens, GA animal welfare community - B 2:00pm Across the River 5:00pm Letting The Light In (4)	10:00am Dawn of Battle: America Goes to War (part 3) 10:30am Great Books: Great Conversations (part 3) 10:30am Recycle Bikes of Athens: a Virtual Tour 2:00pm We Save our Best Lies for Ourselves: Cognitive Dissonance	10:00am Learning to Look: An Introduction to the GMOA (part 2) 10:30am Great Decisions: Foreign Policy Issues 2020 (part 2) 2:30pm Beginning German (part 3)	10:30am Get Your Ducks in a Row 2:00pm Venice: Biennale 2019
	October 12	October 13	October 14	October 15	October 16
Week 9	10:00am Online Theatre (part 2) 9:00am Photography 101 - Get More From Your Camera! (part 2 - fieldwork)	10:00am The U.S. and the World: What's Going On and What's Next? (part 2) 1:00pm Leaving Earth - Controlled Ecological Life Support System 2:30pm The Conversation Project: Normalizing End-of-Life Conversations 5:00pm Letting The Light In: Expressive Writing and Healing (part 5)	10:00am Dawn of Battle: America Goes to War (part 4) 2:00pm Research & Development at UGA	10:00am Learning to Look: An Introduction to the Georgia Museum of Art (part 3) 10:30: Hamilton Gardens at Lake Chatuge, Inc., Our Story 1:45pm Current Affairs (part 2) 2:30pm Beginning German (part 4)	 2:30pm COVID-19: What Patients Need to Know

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**UNIVERSITY OF
GEORGIA**
College of Education



River's Crossing
850 College Station Road
Athens, GA 30602-4811
Telephone: 706.542.7715



EMAIL: olli@uga.edu



WEBSITE: www.oli.uga.edu



FACEBOOK: [olliatuga](https://www.facebook.com/olliatuga)



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